

# Kara Rountree Photography

## Model's Information Sheet

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This instruction sheet was created to assist all models when working with Kara Rountree Photography. I hope you will find it a valuable tool as you prepare for your portfolio shoot. I know that when we work together we will be having a wonderful time creating some magic for your portfolio. In order to do that, you have some preparation to do before our photo session.

Here is how you can help yourself be ready for your shoot. I have prepared a checklist that you should find handy when getting your clothing, accessories, props, etc. ready for our day together. Keep in mind, this list is much more than you need to bring with you. The more you bring the more creative we can be. Please feel free to add to this list and bring other items to the shoot.

In addition, you can help me most by coming to your scheduled shoot PREPARED, and ON TIME. Here is what I mean by prepared:

- Wardrobe is organized by "outfits" – with accessories, shoes, jewelry, etc. all together (pressed & hung)
- DO NOT wear sunscreen on your face or body
- Nails are painted clear
- Your hair is done
- Your make up is done (unless you are having makeup done by an artist at the studio)
- You are cleanly shaven, unless the photo style you are after is the unshaven look (Men only)

Model Portfolio Sessions are a great deal of fun. If you have any questions about anything on this list, please don't hesitate to call me at (916) 212-9084 or you can send me an email to:

[kara@kararountreephotography.com](mailto:kara@kararountreephotography.com)

## Wardrobe

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### Casual

- Pants: tailored blue jeans; cutoff blue jeans; holey blue jeans, khakis (all floor length)
- Skirts: all casual, all solid colors only
- Tops: sports & knit tops, button up tops (**NO**: solid red, black or white - **NO**: stripes, polka dots or heavy prints - **NO**: logos)

### Business Suit

- Pant suit (or skirt for women) is fine
- White & cream shirt would be great.
- Must have the jacket - Jacket doesn't have to match, but it has to be a solid color.

### **Formal Wear**

- Floor length evening gown (not too busy), cocktail dress, or a wedding gown (clean and white)
- Tuxedo

### **Athletic Wear**

- Fashionable outfits that you would wear while doing the following sports: running, biking, yoga, baseball, tai chi, rolling skating, etc. Please remember all the props that go with it too, example: helmets, gloves, balls, etc.

### **Swimsuit**

- You only need a swimsuit if you plan on modeling swimwear.
- Bikini
- One Piece style
- Swim trucks (men only) – *you can think about a prop here, surf board or something*

### **Lingerie**

- Adults only - Sexy shots show versatility in emotions. These will be tasteful, unless you have a different direction.

### **Miscellaneous**

- Hose/nylons in an assortment of colors
- Socks in different colors including black and white
- Bring several different bras including at least one push-up and one in flesh tone color

## **Shoes**

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Shoes should match or accent the outfit.

- Casual shoes – flats, heels, loafers (men)
- Dress shoes - bring several different pairs
- High heels - bring several different pairs
- Jogging shoes - as close to white as possible ONLY (both men and women)
- Keds (women only)
- Boots (cowboy style or regular low heel) or high heel boots (women only)
- Sandals (flip flops, strappy w/heel, TEVA style, etc.)

For high fashion photos, please get very creative here!

## Accessories

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Along with each outfit, try to bring accessories which will accent or match the outfit. Keep accessories simple. Think about the outfits and try to bring each outfit to the shoot as an "Outfit." Have everything planned out. We might change things around a bit, but it will be a good start.

### Jewelry

- Assortment of necklaces
- Earrings
- Bracelets

### Hats

- Baseball cap (solid colors, no logos)
- Cowboy hat
- Floppy sailor style hat (women only)
- Sun hat (women only)

### Other

- Scarves
- Purses (several)
- Sunglasses
- Belts (leather, mesh, cowboy style, studded, chain)

## Props

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I love working with props. You will be hired to market products – I believe you should be able to show this in your card. Please bring stuff with you.

- Umbrella
- Feather boa
- Balloons
- Books
- Laptop
- iPod
- Flowers
- Backpack
- Towel & gym bag
- Car keys
- Newspaper

## Hair

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Please style your hair the way you would for an audition - using a little hairspray so that we can work with it after you arrive.

Bring the following items with you:

- Comb and hairbrush
- An assortment hair accessories: barrettes, bobbie pins, headbands, etc.
- Curling iron
- Tweezers

## Makeup and Facial Items

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If you are hiring a makeup artist, you can disregard this section.

If not then, please bring your complete makeup kit. Along with:

- A mirror
- Moisturizer (make sure it does not have sunscreen in it)
- Cotton balls and swabs
- Lip balm
- Several different shades of lip color (be sure to bring some solid colors)

DO NOT WEAR SUNSCREEN ON YOUR BODY FOR THE SHOOT.

## Finger Nails

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In photos, your eye will move to vivid colors first, especially red. Unless you are a "hand model" DO NOT make your hands noticeable.

THINGS TO BRING:

- Your complete manicure kit
- Nail polish with neutral color (preferably CLEAR)
- Remover kit for nail polish